



‘Mind, Body Spirit Workshops’.



**HEART Centre, Bennett Road
Headingley, Leeds LS6 3HN.
*See over for dates & details
September to November 2011***

See web-site www.leedscombinedarts.org.uk/mbs/.



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Monday 26 September 7.30 p.m.
‘Animal Healing DVD’
with Margrit Coates.

This evening we will be showing an extract from a lovely DVD on Animal Healing by renowned Animal Healer Margrit Coates. This is a straightforward example of how animal healing can work alongside orthodox methods in Veterinary practices as a complimentary therapy.

If you like animals you will love this DVD. Entrance £3.50/£3.00 concessions/members & associates.

Monday 24th October 7.30 p.m.

‘Crystal Therapy’ with Marilyn Joan Tidmarsh.

This evening’s workshop and talk by Marilyn Joan Tidmarsh will be on Crystal therapy and healing. Marilyn has been a Practitioner and Lecturer for over 15 years and studied Crystal Healing with Hazel Raven a well known crystal healer who has written numerous books on the subject. Entrance £3.50/£3.00 concessions/members & associates.

Wednesday 23 November 7.30 p.m.
‘Holistic Healing’ with Rachel Surtees.

Holistic therapies can help you to achieve optimum health and vitality and alleviate some of the strain of life. Holistic therapies have been used in one form or another across all cultures throughout history. Join Rachel this evening for an informative talk. Entrance £3.50 / £3.00 concessions/members & associates.

More info on www.leedscombinedarts.org.uk (MBS Section)

**All workshops take place at Headingley Enterprise & Arts Centre.
(HEART), Bennett Road, Headingley, Leeds LS6 3HN
Entrance £3.50 / £3.00 concessions. (Pay on the door).
Includes light refreshments.**

Leeds Combined Arts reserves the right to make changes to the programme
If necessary, and when due to circumstances beyond their control.

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