



LOTTERY FUNDED



## Leeds Combined Arts January Newsletter 2012

### Notes from Editor

*Claire Fowles*

We hope you all had a wonderful time over the Christmas and New Year period and that we can help in ensuring that 2012 shapes up to be an exciting year for you. We've been lucky enough to secure Lottery funding for a new project – "Storytelling and Reminiscing" – see opposite for more information. We've extended the number of Mind, Body, Spirit workshops on offer over the next couple of months so if you do get chance to attend any of these, hope they inspire you and perhaps these could offer more enticing options to the usual New Year's resolutions!

### A quick note from everyone at LCA

#### **'Joining Together with Storytelling and Reminiscing'**

This year our main focus will be on Storytelling and Reminiscing Workshops working with the Older Wiser Leeds Seniors and other groups around the Leeds area. We are delighted that the Big Lottery Fund have decided to support us in this area. We will also be including some storytelling workshops in with our regular programme at HEART. Further details and information on this will be available shortly on the website [www.leedscombinedarts.org.uk](http://www.leedscombinedarts.org.uk).

### Poetry Evenings January – February 2012

**Leeds Combined Arts Poetry & Storytelling Evening. Wednesday 18th January 7.30 p.m. Dominic Berry 'New Beginnings' HEART, Headingley.**

This evening's event will be both Poetry and Storytelling hosted by Manchester Poet Dominic Berry. Dominic is the Manchester Literature Festival and New York's famous Nuyorican Poetry Café slam champion, winner of the Diké Omeje Slam Poetry Award and co-hosted greenroom's Freed Up open mic for five years.

In 2010 his Arts Council funded West Verse East project saw him explore new writing with Buddhist and jazz influences. In January 2012 he makes his directing debut with The Lowry's poetry play, Working Verse presents Amateur Thematics. Entrance £2.00 / Members and Associates £1.00 including light refreshments.



**Tuesday 7 February 7.30 p.m. 'Spoken Word Poetry Evening' The Exhibition Hotel, Bootham, York.** Join us with the York Spoken Word Group Poetry Group for a mixed Poetry/Prose evening at the Exhibition Hotel York. Open Mic throughout the evening. Free Buffet. All welcome.

**Leeds Combined Arts Poetry Evening. Wednesday 15th February 7.30 p.m. Michael Hildred 'Late Flowering' HEART.** Michael Hildred makes a welcome return this month with the launch of his new book and artwork entitled 'Late Flowering'. Michael takes you on a journey from wartime Britain as a youngster singing in Selby Abbey, through the great Selby floods of 1947, much to his artist's eye, before going on to write with great emotional depth; his own later flowering. Entrance £2.00 / £1.00 members and associates includes refreshments (pay on the door).



Poetry Evenings

Poetry Evenings

## Theatre Visits & Events January – February 2012

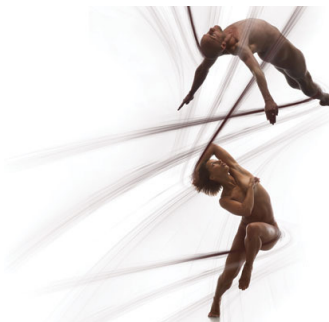
**Friday 20th January 7.00 p.m, Carriageworks Theatre Panto. 'Cinderella'.**

Following their last award winning Carriageworks pantomime, LIDOS return with the most magical fairy tale of all time, Cinderella. Join Cinderella as she meets Prince Charming, boo at her Ugly Sisters and be dazzled by the magic Cinderella is transformed from Rags to Riches  
All tickets **£9.00**



**Phoenix Dance Wednesday 1st February 7.30 p.m. Quarry Theatre, West Yorkshire Playhouse**

Phoenix Dance Theatre returns with the company's latest exhilarating programme, featuring two dance world premieres. 'Catch' is a powerful piece set to an evocative new score and the second new work is the latest creation by the Artistic Director of Company Malakhi, a choreographer famed for blending contemporary music and dance to bring unique physical theatre. All tickets **£9.50**.



**Friday 3<sup>rd</sup> February 7.45 p.m. 'Waiting for Godot' West Yorkshire Playhouse (Courtyard Theatre)**

Two homeless men, Vladimir and Estragon, wait on a road with a single tree. They argue, clown around, contemplate death and wait. They are waiting for the one who never comes. They are waiting for Godot. Samuel Beckett's Waiting for Godot is one of the most significant English language plays of the 20th Century. Its brilliance lies in its subtlety; it is endlessly elusive and yet universal. All tickets **£9.50**.



**Tuesday 28 February 'Top Girls', West Yorkshire Playhouse (Quarry Theatre)**

England: hard-nosed, go-getting businesswoman Marlene is hosting a dinner party to celebrate her promotion to MD of the Top Girls Employment Agency. Her guests, all powerful women from myth and history, make for an extraordinary gathering. An unparalleled story of success and, chillingly, what happens to those left behind. All tickets **£9.50**.



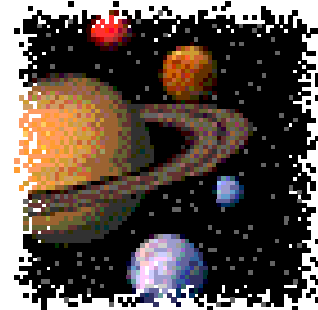
Please send cheques for Theatre Visits to:  
Christina Brennan, Leeds Combined Arts  
HEART Centre, Bennett Road, Headingley Leeds LS6 3HN  
To arrive at least one full week before the performance.

## Mind Body Spirit Workshops January - February 2012

As we move into 2012 we will be offering a wide range of MBS workshops on a variety of different subjects. Below are the January and February dates for LCA workshops and one that we recommend for the New Year from Sally Chaffer at The Friends Meeting House on Street Lane, Roundhay. See below for details.

### **Weds 11 January 7.15 p.m. DVD on 'The Planets' (Interpreting the Horoscope).**

This evening we will be showing a 2 part DVD on the planets and how they link us to the fascinating subject of astrology from its ancient history through to the new and pragmatic methods of interpretation. This DVD will provide you with many alternatives in the realm of the subject matter. Please bring a pen and note-pad. Entrance £2.00 / £1.00 members & associates.



### **Saturday 14th January 'New Year New You' – Ease yourself into 2012, Friends Meeting House, 136, Street Lane, Roundhay, Leeds LS8 2BW. With Sally Chaffer.**

Re-think your habits of a lifetime to stop the life chatter in a moment. Learn ways to preserve your energy by raising your vibration so other people cannot drain you. A powerful blend of healing and meditation allowing you to take charge and remain peaceful during these changing times. No previous experience of meditation is required just an open mind and a desire for peace. 10 – 4.00 p.m. Bring food for a shared lunch. Special discount for LCA members usual price for this workshop is £30.00 however if you book through LCA you will pay only £25.00. Highly recommended!.



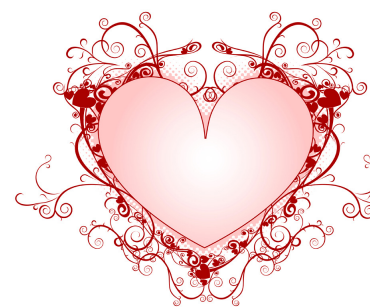
### **Wednesday 25th January 7.30 p.m. 'Karma, Death & Re-Birth' with Tim Wyatt. Headingley Arts & Enterprise Centre, Bennett Road, Headingley LS6 3HN.**

You just can't get away from Karma - the Law of Cause and Effect - because Karma is the ultimate and unerring law of life, pervading everything from the tiniest specks of dust to entire galaxies. It shapes our present and future lives in physical bodies because karma and re-birth are two sides of the same coin. In this talk Tim Wyatt also examines how we spend our time after death in the non-physical realms. Where do we go? Who do we meet? And what's the scenery like? Entrance £3.50 / Members, Associates & Concessions £3.00.



### **Monday 27th February 7.30 p.m. 'Heart of the Matter' with Cynthia Trasi. HEART, Bennett Road, Headingley LS6 3HN.**

This talk looks at the way in which various systems, texts, philosophies etc. use the image of the heart. Is there a common thread that runs throughout; what can we learn about ourselves and the way towards greater wisdom and service? Cynthia Trasi is the President of Bradford Theosophical Society, a National Lecturer for the Theosophical Society in England and a student of esotericism for a number of years. Entrance £3.50 / Members, Associates & Concessions £3.00.



## 'Book Group' January - February 2012



Book Group

**Book Group, HEART, The Broomfield Room, Headingley 4.00 p.m.**

**'Book Group'. New Start Time 4.00 p.m. 'The Bequest' by Victoria Petrie Hay**

On Monday 20th February 4.00 p.m - 5.45 p.m. we will commence a new book 'The Bequest' by Victoria Petrie Hay. Synopsis: - Ousted from her high-flying city job and trying to recover from a broken love affair, Emma finds some mysterious oddments in the attic of her parents' house: a strangely vindictive will leaving a fortune to a cat's home, some old photograph albums, a bundle of letters and cards hinting at a lingering guilt. Emma decides to investigate these skeletons in her family's cupboard. The trail leads to her delightfully eccentric Grandma's cottage in Dorset, to people in Anglesey who were once on opposite sides of the green baize door, to Guernsey in the Channel Islands where the cats, the beneficiaries of the will, live in luxury. The journeys also lead her back in time to the fringes of the Happy Valley set and an encounter with Royalty in 1920s Kenya, to Anglo-Welsh society through the thirties and into war, to her grandmother's and mother's childhood and finally – and most fatefully – to a bizarre encounter with a motorcycle messenger in 1990s London. "Well crafted and beautifully written" – Today. 'Charming' – The Times. "Impeccably Pilcherish in both style and content" – Sunday Telegraph. Entrance £1 includes tea/coffee and biscuits.

Book Group

## Music Gigs January – February 2012

Music Gigs

**Tuesday 10 February, 8.30 p.m. Harrogate Jazz Evening, Harrogate Cricket Club, Harrogate.**

Join us at the new venue for Harrogate Jazz now the Function Room at the New Harrogate Cricket Club Pavillion, St. Georges Road. The New venue is called 'Balcony'. Entrance £3.00. Manager Robert Whiteley is looking forward to welcoming supporters old and new.

**Sunday 12 February 'Yoruba' 1.30 p.m. Seven Arts Centre, Harrogate Road, Chapel Allerton.**

United by their love for high-energy Afro-Cuban, Salsa and Jazz, Yoruba are a powerful young band intent on pushing Latin Jazz boundaries. Led by pianist/composer Aron Kyne and comprising of some of the hottest young talent from the North they have been turning heads everywhere they go. Drawing together a diverse mix of influences 'Yoruba' has it's own take on Latin Jazz, blending beautiful harmony. All tickets £5.00.



Music Gigs

## Social Events September – January – February 2012

Social Events

**Saturday 21st January 7.30 p.m. HEART's 1st Birthday.**

Yes it's almost a year since we moved into the Headingley Enterprise and Arts Centre on Bennett Road and this evening we'll be celebrating in the Shire Oak Room with live band and other entertainment. More info on this coming soon.



Social Events

## 'Walks' January – February 2012

Leeds Combined Arts provides monthly walks which are designed to suit people who prefer a gentle steady walk of between three and eight miles. The walks are at a gentle pace and are ideal for people who would like to become fitter and enjoy walking but would not be up to doing a longer walk at a faster pace. The majority of walks will be mostly accessible by public transport, and we also encourage car sharing, encouraging participants to enjoy local natural spaces whilst benefiting health by taking part in the walk. LCA walks will often include visits to natural heritage sites and stately homes. Although these walks are of shorter length please consider your ability when attending any walk and always come equipped with appropriate clothing including waterproofs, walking boots and warm clothing. For further information please see the web-site [www.leedscombinedarts.org.uk](http://www.leedscombinedarts.org.uk)

### **Saturday 7 January 11.30 a.m. Joint Walk with Leeds YHA Ilkley.**

Join Bel for a slightly longer walk than usual to kick start the New Year. This is an 8 mile grade 2 walk around Ilkley Moor taking in the Swastika Stone, The White House and the 12 Apostles. Meet at 10.30 a.m. at Ben Rhydding Station. Contact Bel on 0774582116 for any further details.



### **Saturday 11 February 11.30 a.m. Walk Roundhay & Shadwell.**

Join Dave for a 5 mile walk taking in Roundhay Park, surrounding areas and Shadwell. Meet at Soldiers Field Car Park 11.30 a.m. There will be a stop en-route at the Red Lion where you can purchase lunch or eat a packed lunch in the picnic benches outside if a drink is purchased. Further details from Dave on 0113 2793876.



**Disclaimer: Leeds Combined Arts reserves the right to alter, cancel or amend an event when circumstances arise beyond their control. However if an event has to be cancelled or changed this will always be advertised on the web-site. Participation in any event included in this Newsletter is done at the individual's own risk.**